

### What is weCARE?

weCARE is an incentivized staff wellness initiative that encourages staff to maximize physical activity, self-care, health, and nutrition.

### How does weCARE work?

Participants will have the opportunity to select activities to earn credits.

- NEW: Starting August 5, 2024, participants can earn an extra \$50 for perfect attendance each period. This will be tracked through HR.
- NEW: Use the JMCSS App to gain easier access to weCARE updates and track your progress in MyBenefitsChannel.
- Staff can earn up to a total of 800 credits (\$800) by the end of SY 2025. In addition, participants can earn up to a total of \$200 for perfect attendance. See the breakdown below.
- Each credit is equal to a dollar value (i.e., 5 credits = \$5.00).
- MAX: activities from four (4) domains
- **MIN:** activities from two (2) domains
- Fidelity checks: Certificates, self-certifying, receipts, appointment cards, etc.
- All tracking, monitoring, documenting, and reporting will be accessed through the <u>MyBenefitsChannel portal</u> and the <u>weCARE</u>
  Activity Verification 2024-2025 Form.

# What is the compensation plan SY 2025?

Dates for Activities	Compensation Amounts (maximum)	Perfect Attendance
July 1 – October 31	\$200	\$50
November 1 – February 28	\$200	\$50
March 1 – May 31	\$200	\$50
*Program Completion Bonus*	\$200	\$50
Participants that earn \$200 (max) for all three activity periods will receive the 4 <sup>th</sup> payout.		
Participants that have perfect attendance for all three periods will receive the 4 <sup>th</sup> payout.		

### How do I find out more about weCARE?

- www.jmcss.org (main page)
- www.mybenefitschannel.com

## **Contact Information:**

- District-Level:
  - ✓ All inquiries will be monitored through "Let's Talk" on the JMCSS website.
- School-Level Wellness Champions:
  - ✓ School Nurses and School Counselors